



**1959**



# WHITE WINGS

**1960**







Spencer







# APPRECIATION

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To our parents, family and friends for their encouragement and support and to all those whose understanding and assistance have made our training possible, we humbly dedicate this book.



HOLD

HIGH

T  
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E

Hold High the Torch!

You did not light its glow—

'Twas given you by other hands, you know —

'Tis yours to keep it burning bright;

Yours to pass on when you no more need light;

For there are other feet that we must guide

And other forms go marching by our side;

Their eyes are watching every smile and tear

And efforts which we think are not worthwhile,

Are sometimes just the very helps we need,

Actions to which their souls would give most heed,

So that in turn they'll hold it high

And say, "I watched someone else carry it this way."

If brighter paths should beckon you to choose,

Would your small gain compare with all you'd lose?

Hold High the Torch!

You did not light its glow—

'Twas given you by other hands you know.

I think it started down its pathway bright.

The day the Maker said: "Let there be light."

And He, once said, who hung on Calvary's Tree—

"Ye are the light of the world." Go: Shine for me.

T  
O  
R  
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H





# *Victoria General Hospital*

SCHOOL OF NURSING

Compiled and presented by the Student Nurses

1959-1960

## Year Book





Sitting, l.-r.: Miss Wilma Winterton, Isabel Misener, Mrs. Joyce Labovich, Areta McVicar.  
 Standing, l.-r.: Miss Alice Morley, Darlene Lechner, Gayle Wardle, Gayle Collins.  
 Missing - Barbara Loree.

# Year Book Committee

Editor .....	BARBARA LOREE
Assistant Editor .....	ALICE MORLEY
Honorary Editor .....	MISS ISABEL MISENER
Year Book Advisor .....	MRS. JOYCE LABOVICH
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Copy .....	WILMA WINTERTON
Literary .....	GAYLE WARDLE
Art .....	GAYLE WARDLE
Advertisements .....	ARETA McVICAR



# EDITORIAL

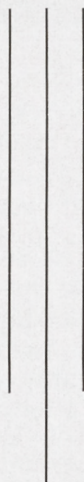
As another year comes to a close, we the 1960 graduates are pleased to present our third edition of "White Wings." I would sincerely like to thank my yearbook staff, the student body and all those whose wonderful co-operation has made this book possible.

Now — at our graduation we look over our nurse's training with mixed feelings as we think of the joys and sorrows we've shared together.

In the years to come it's to be hoped that this year book will bring a chuckle of laughter and a remembering "tear to the eye" as we wander through the pages.

As we graduate may we all strive to earn the love and respect which has been endowed on our profession.

Upon saying good-bye to our fellow students we wish you the very best of luck and every success in your chosen career — nursing.



When things go wrong as they sometimes will,  
When the road you're trudging seems uphill,  
When cares are pressing you down a bit,  
Rest if you must, but never quit!

Barbara Loree





*from the*  
**Chairman**  
**Board of Trustees**

On behalf of the Board of Trustees of the Victoria General Hospital, I wish to take this opportunity in extending my congratulations to the members of the class of 1960.

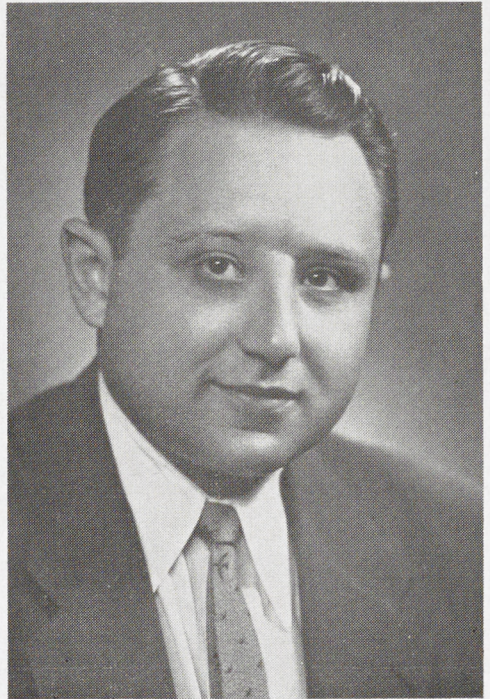
The nursing profession is one of the noblest callings and I am confident that the role you will play will do honor to your profession and to yourself.

Our opportunity in offering you the educational experience and guidance in the completion of your studies has been a rewarding one. Your future successes will be watched for with anticipation.

A. ALLYN ROSSEN  
Chairman, Board of Trustees



*from the*  
**Administrator**



Education, training and experience serves as a background for entrance into the ranks of the graduate nurse. The three years you have spent at the Victoria General Hospital School of Nursing have given you the opportunity to obtain these requisites. The arduous hours of study, the days and nights gaining experience and the guidance of your Instructors have now been completed.

Graduation is the entrance into the ranks of Professional nursing and yours is the responsibility to grow with your profession, to look forward and to assist in the achievement of newer and higher standards.

You will often reflect upon your three years of training and "White Wings" will serve as a record of some of the emotional and social experiences which you enjoyed. Be refreshed by it and let it act as an inspiration for the future.

To you go the best wishes of the Administrative staff of the Victoria General Hospital.

G. B. ROSENFELD  
Administrator





*from the*

Director of the  
School of Nursing

To the Graduates of 1960:

Opportunity for a success in life will fall back largely on what we have done and established as a foundation in this school. Education represents a growing portion of each of us. In it we find the background for creating our own opportunity. We should be thankful for the education we have received; for the spark that has left the impression for ideas that will continue to influence our way of life.

Congratulations to the class graduating in 1960, and may your thoughts be noble, as you pass on through the years.

Isabel Misener.  
Director of the School of Nursing



*from the*

Director of  
Nursing Service



Dear Graduates,

On behalf of the staff and myself let me extend my sincere congratulations to the class of '60 in achieving your goal in one of the most noble professions of Mankind.

The future is now before you with unlimited scope for your abilities. Let me wish you both happiness and success in the practice of your chosen profession, Nursing.

To the Graduate Class, I wish to thank you for your co-operation and steadfast service in this hospital.

May God be with you always as you journey along life's road.

MRS. M. CUDMORE  
Director of Nursing Service





*from the*  
**President,  
Medical Staff**

On behalf of the Medical Staff of the Victoria General Hospital, may I offer sincerest congratulations on your graduation from the school of Nursing of the Victoria General Hospital.

You have worked here as part of the Medical team, and from working with you I know you will be valued members of the Nursing Profession. Thank you for your co-operation and best wishes on your new professional status.

Your Year Book will bring fond memories and pleasant recollections in the future. To us who have shared some of these with you, it has been both a privilege and a pleasure.

Yours sincerely,  
**DR. M. MARMAR**  
President, Medical Staff



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Standing l.-r.: Mrs. Joyce Labovich, Mrs. Marjorie Fussell.

Sitting, l.-r.: Mrs. Katherine Runner, Miss Isabel Misener, Miss Margaret Hall.

Missing - Mrs. Patricia Caprick, Mrs. Rosemary Holmes, Mrs. Marion Rose.

## THE TEACHING

## FACULTY

**Miss Isabel Misener:**

Director School of Nursing

**Mrs. Katherine Runner:**

Classroom Instructress

**Mrs. Patricia Carpick:**

Obstetric Clinical Instructress

**Mrs. Joyce Labovich:**

Classroom Instructress

**Mrs. Marjorie Fussell**

Classroom Instructress

**Miss Margaret Hall:**

Clinical Instructress

**Mrs. Marian Rose:**

Dietetic Instructress

**Mrs. Rosemary Holmes:**

Operating Room Clinical  
Instructress



# Graduation





# Valedictory

GRADUATION—Oh how we have dreamed of this milestone on life's way, the climax of our nurse's training

For three years we as a class have struggled by varied and arduous paths to a common goal, graduation; but today, as we prepare to attain this we find ourselves with mixed feelings.

Training to be a nurse is a wonderful experience. In the course of learning the art and science of our chosen profession we have been bound together by joy, sadness, laughter and tears. They have been three memorable years which will remain with us always though we may be miles apart.

With only three months of our training remaining, are our hearts still in the words, "I'll be so glad to be finished?" There were so many things taken for granted through these 'last years which we are going to miss, especially the sharing of classmate's confidence.

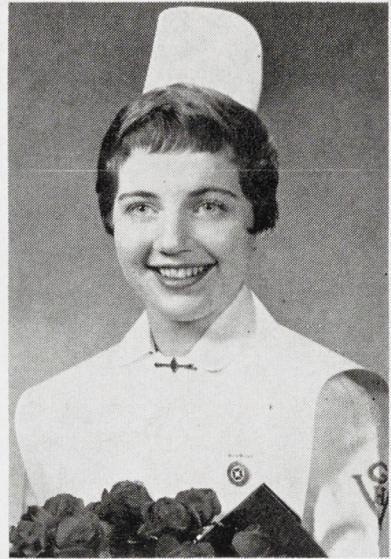
Our classes are small in number. Perhaps that is why we know our fellow students well and feel so close to all who are part of our happy family.

Let us reminisce — Do you remember September 3rd, 1957, when, "green as grass" we had the privilege of entering our chosen profession?

In days to come we were to heave many a sigh, thinking of home, but gradually as we gained friends and our interest in our studies grew our homesickness faded.

Our first day on wards — we gazed timidly at our patients, paused with indecision and disappeared into the service room whenever a doctor appeared. How we have matured since then!

Our Capping Ceremony in March of 1958 is a treasured memory. Expectancy and breathlessness filled



**MARILYN GAIL BRANDER**

Dauphin, Manitoba

Cheerfulness and good will make labor light

Thus Marilyn finds her work easy alright

She's a capable nurse with a professional touch

Her natural ability has helped out much.

every moment of the touching ceremony attended by parents and friends. The completion of our pre-clinical period marked by the presentation of our caps — the symbol of our profession — was the first step toward the completion of our goal.

This poem seems to say just what nursing means to a student:

I was thinking back to my high school days  
And how nursing had entered my mind  
And I thought of the cap and the treatment  
trays

And the letters R.N. I would sign  
I thought of the uniforms white as can be  
And the pin with the letters engraved  
Yet how could I know, or how could I see  
That nursing's a road that you pave  
It isn't your name it isn't you looks  
Or your voice, or your hair, or your eyes;  
It isn't just marks or it isn't just books  
Or the early hours you rise  
It's the smile that a patient has when you're  
done,

It's the "thank you" he gives for his life  
It's the cry of the newborn as he becomes  
one

Cont'd on page 50





**JACQUELINE EILEEN BLUHM**  
Morden, Manitoba

None knows what lies along the way  
Let's smile what smile we can today  
With mirth and laughter let old wrinkles come.



**ELLEN GAYLE COLLINS**  
Winnipeg, Manitoba

How does your content  
Tender your own good fortune?  
I am master of my fate.



**CAROL ANN CROSS**  
Kenora, Ontario

The truth you speak doth lack  
some gentleness  
Half in slumber I am guiding  
Eastward insistingly gliding —  
nice.



**GWENDA ANNE CUTTING**  
Carman, Manitoba

To strive, to seek,, to find, and not  
to yield.  
Has a warm greeting and a friend-  
ly smile  
To be awake is to be alive.





**MAUREEN MARGARET FINN**  
Winnipeg, Manitoba

Whate'er we want of any worth  
We've got work to gain.  
A deeper dusk was burning  
In her dark and dreaming eyes.



**ANNE FRIC**  
Flin Flon, Manitoba

There is not time enough on earth  
For all I'd like to do  
Peace but rewards the woman  
Who does her best.



**GERALDINE RAE  
HALLDORSON**  
Dauphin, Manitoba

Life is a gift to be used every day  
Not to be smothered and hidden  
away.  
A good strife and no great regrets  
to leave it.



**JUNE HARRIS**  
Kenora, Ontario

"And into her smiles crept sun-  
shine"  
She has a gentle smile  
And a kindly word to say.





**MAUREEN MARGARET HILL**  
Flin Flon, Manitoba

Be a friend  
You don't need money  
Just a disposition sunny  
God keep my nature sweet  
Teach me to bear a blow.



**LEILA JEAN JEFFREY**  
Flin Flon, Manitoba

Lee, our girl with eager ambition  
Her spirits high under any condition  
You will never lack the friendship  
of a kindly fellow man.



**SHIRLEY MAE JOHANNSON**  
Flin Flon, Manitoba

She is fair to see and sweet  
Dainty from her head to feet  
The keenest vision can't define  
So perfect is the blending.



**DARLENE ANNE LECHNER**  
Morden, Manitoba

To live as gently as I can  
To take what comes of good or ill  
And cling to faith and honor still  
Happy, as her smiles disclose.





**BARBARA JESSIE LOREE**

Carman, Manitoba

To do your little bit of toil  
To play life's game with head erect  
To stoop to nothing that would soil  
Your honor and your self respect.



**IONE KATHERINE LONGMORE**

Flin Flon, Manitoba

But I will laugh and ring my way  
along  
I'll make the most of what is mine  
today  
And if I never rise above the  
throng  
I shall have lived a full life any-  
way.



**MARLENE JEAN McLEAN**

Waskada, Manitoba

She's quick and hearty, sincere  
and true  
Always willing, something to do  
With spirits high and energy plus  
She does her duty without any  
fuss.



**JEANETTE MARIE NIVEN**

Mintonas, Manitoba

She's full of fun and humour rare.  
Her ways are ways of pleasantness  
And all her paths are peace.





**BARBARA JANE PETERSON**  
Flin Flon, Manitoba

She is what she is, what better re-  
port  
A student, a friend, a very good  
sport  
We know you took advantage of a  
helpless fellow  
To steal his heart while he was  
fed on jello.



**SONYA SYLVIA POPOFF**  
Saskatoon, Saskatchewan

Life is sweet just because of the  
friends  
We have made and the things  
Which in common we have to  
share.



**JOAN ELAINE WEATHERHEAD**  
Winnipeg, Manitoba

Living's made of laughter and  
Good fellowship and song.  
Though she be but little  
She is fierce.



**DARLENE DIANE  
WERBOWSKY**

Kamsack, Saskatchewan  
I agree with no Man's opinion  
But I have some of my own.  
She that was ever fair and never  
proud  
Had a tongue at will but was never  
loud.



# *Awards*

## PRESENTED TO DESERVING STUDENTS OF THE GRADUATING CLASS

### PROFICIENCY IN OBSTETRICS

Presented by Victoria General Hospital Ladies' Auxiliary

MISS ANNE FRIC — FLIN FLON, MANITOBA

### PROFICIENCY IN BEDSIDE NURSING

Presented by Emily Beath Guild

MISS CAROL CROSS — KENORA, ONTARIO

### HIGHEST MARKS IN THEORY

Presented by Dr. Victor Rosenfield

MISS MARILYN BRANDER — DAUPHIN, MANITOBA

### ADMINISTRATOR'S AWARD

Presented by Mr. G. B. Rosenfeld

To the Student who best exemplifies  
the principles related to Leadership, Responsibility and Social Service

MISS SHIRLEY JOHANNSON — FLIN FLON, MANITOBA

### GENERAL PROFICIENCY

Presented by Dr. Tisdale

MISS MARILYN BRANDER — DAUPHIN, MANITOBA

### SURGICAL NURSING

Presented by Dr. L. Greenberg

MISS JEANETTE NIVEN — MINITONAS, MANITOBA

### AWARD TO THE INTERMEDIATE STUDENT

To the student showing the most promise in the Intermediate Year

Presented by A. Allyn Rossen

MISS KAY NILSEN — KINLOCH, SASKATCHEWAN

### THE CANADIAN NURSE AWARD

to the student showing the most promise in the Junior Year

Presented by the Victoria General Hospital School of Nursing

MISS SUSAN CHAMPION — WINNIPEG, MANITOBA

**"Thinking is the hardest kind of work,  
And very few people indulge in it."**



# *Farewell* From The *Graduates*

Soon, we the graduates of 1960 will be closing the last pages in our experience book of three years as student nurses. May we devote this small moment in bidding a fond farewell to our many classmates, our cherished friendships with them.

Our activities in residence and our duties will become memories mixed with moments of joy and tears. Never to be forgotten will be the patient moments spent by doctors and instructresses in lectures and advice in our various departments.

To the students who are beginning their chosen profession and directing their thoughts to a lengthy road ahead may we extend our sincerest wishes in a prosperous future, and an enjoyable and interesting three years of training. May you soon anticipate this long awaited moment of completion.

To you all, farewell and good luck from the graduates of 1960.

Darlene Lechner.



## — *Success* —

To laugh often and love much, to win the respect of intelligent persons and the affection of children; to earn the approbation of honest critics and endure the betrayal of false friends; to appreciate beauty; to find the best in others; to give one's self;

to leave the world a bit better; whether by a healthy child, a garden patch or a redeemed social condition; to have played and laughed with enthusiasm and sung with exaltation; to know even one life has breathed easier because you have lived - THIS IS TO HAVE SUCCEEDED!



# OUR *Class Diary* 1960

By Gwenda Cutting

**September 3, 1957**

Dear Diary:

Our first day! Thoughts run through our minds — will we like it? The noise — will we ever be able to sleep? These beds sure aren't like home. But after a welcoming to the recreational room where we saw many new faces and found out a few of us had something in common (eh Marilyn and Barb. L.) we felt more at home.

**September 4, 1957**

First day of classes. The words? will we ever be able to spell them? We all agreed it sure is different from school, but interesting we all admitted.

**October 7, 1957**

Our first day on wards! Marlene do you still tie your collar together with string? Remember getting up at 6:00 a.m. to be at work at 8:00 a.m. Jackie did you ever get sterile fallopian tubes from C.S.R. for the patient on B.W.?

**October 10, 1957**

Initiation! Just ask us if paper dresses are cold? How's luck in hitchhiking over Osborne Bridge, Lee? Alarm clocks ringing down Osborne, polishing shoes, begging, jiving and singing were only a few things we had to do as future students of the "Vic". We sure have some ideas to use for the next class!

**December, 1957**

Our first Xmas away from home for many of us. Many of us left behind could celebrate it at Bouchards, our second home. Sylvia decided to get her MRS. rather than her R.N.

**February, 1958**

Bunny was a very happy girl as she got her ring!

**March 7, 1958**

We made it! We are now capped nurses and are officially accepted into the school. Ruth left us — perhaps we will see her in the X-Ray Department sometime. The class celebrated our first six months in training by having supper out at the Shanghai. The food sure was good! We travelled per taxi — like we actually had money!

**April, 1958**

To F.O.B. dance. Fifteen of us went — in one car no less. How did you rate the front seat, Gerry?

**May, 1958**

Four barefooted raggamuffins taken home by Mrs. Runner. Grass is much softer isn't it Marlene?

**June, 1958**

Class wiener roast at Bird's Hill with Bouchards. How's sliding down sandpiles lately, Darlene? Beginning of special training for many! Oh, those nights on B.E. eh Barb. P.?

**July, 1958**

This was Marilyn's big month for getting her ring! Farewell to Bev and Jean who have found greener pastures.

**July 9, 1958**

The class went to "Brigadoon" at Rainbow Stage. How confusing buses can be to the country girls! Remember Jenny running to work with her uniform in arm?

**September 3, 1958**

Beginning of second year! We got our capes — just like ZORRO! Corn on the cob till 2 a.m. for Suite 22. First party at 503 River — oh, those chips, aye, Gwen!



### October, 1958

All girl jiving party at Bouchards. Barb, the Broomstick Girl and Ione, the Hula Hooper!

### December, 1958

Residence Christmas Party - where the choir of angels forgot their words! Christmas supper for class at Bouchards. It sure was delicious!

### January, 1959

"Jingle Bell Rock" has fond memories, eh, Barb. P.?

### January 26, 1959

Class supper at Gayle's very much enjoyed!

### March 7, 1959

Half-way Through Party at Bouchards! Lee got her ring also in this big month. This is one night we will never forget — neither will Bouchards!

### May 11, 1959

Undergrads Banquet given for 1959 graduates! This meant a shopping trip for new hats didn't it.?

### May 26, 1959

Maple Grove Wiener Roast. Such a lovely fireplace, eh, Anne? Who said, "Help Police!" in the arms of an R.C.M.P. Ione?

### June, 1959

Holidays begin for some again! It seems ages since we have had holidays, doesn't it? To Winnipeg Beach for swims!

### August, 1959

Farewell party at Maple Grove for graduates! Marilyn and Barb. L. won't forget this important eve — they brought back souvenirs! Jackie's birthday present was for the fourth finger of her left hand!

### September 4, 1959

"Barpins"! Will we ever learn how they work? It was so exciting though. We are finally on the homeward stretch! How quickly the three years are flying by!

### November, 1959

Class party at Monterey! Barb. L. got quite a surprise plus a heavy finger on the left hand.

### November 13, 1959

Lunch at Zoratti's. Next time we'll economize someone said — no coffee!

### December, 1959

Now mid-December has us planning for our last Christmas together and Graduation. Social activities for the class will dwindle as affiliates plan for three months in the "house on the hill."

So much fun have we had as a family plus the usual amount of tears, but as a family we must prepare to go our separate ways. May we meet later years and have as many happy things to tell as we have had through training days!

## Dangerous

ACK - KER - CHOO

A bunch of germs were hitting it up  
In the bronchial saloon,  
Two bugs on the edge of the larynx  
Were jazzing a rag-time tune.  
Back of the teeth in a solo game  
Sat dangerous ACK-KER-CHOO  
And watching his pulse was his light  
of love,  
The lady that's known as "FLU"



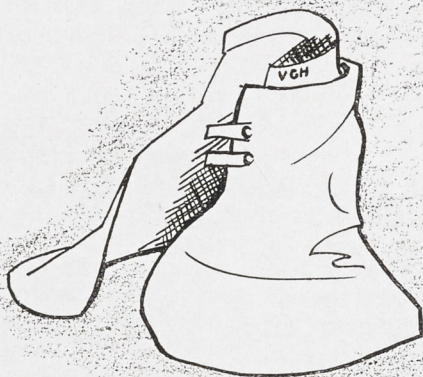
## *A-B-C of Nursing*

- A—is for ambulance, due any minute  
Get the bed ready, and hot water bottle in it.
- B—is for bathroom, every pro's delight!  
Where she scrubs and she scours from morning till night
- C—is for chloroform always on hand  
Only to be used at a doctor's command.
- D—is for the Doctors, who all come at once,  
And make the head nurse appear much of a dunce.
- E—is for emergencies the theatre nurse's dread  
For so often at three she is called from her bed.
- F—is for fever of many a color and kind  
Infecting any who to the germ are inclined.
- G—is for good which our team works to do.  
Drugs, operations and rest help us too.
- H—is for hospital that this story's about,  
If you don't watch your health, you'd better watch out.
- I—is for interns of whom we have five  
Using their skill to keep patients alive.
- J—is for job, done with a smile,  
The weary feet walk many a mile.
- K—is for "kids" of which there are few,  
But when they come in, they stir up a stew.
- L—is for laughs, we really have fun  
Could there be a happier place in the sun?
- M—is for maternity where one never knows,  
What will come first, the head or the toes.
- N—is for needles, dull as they come  
When patients see them, they start to run.
- O—is for orderlies so cheerful and bright  
Who try to collect specimens in the middle of the night.
- P—is for pills, we have many a score  
And if we run out we'll soon send for more.
- Q—is for quiet which we attempt to maintain  
But when the Doctors arrive — Hurricane!
- R—is for residence where the student nurses stay  
Where an awful lot happens in just one day.
- S—is for students so charming and bright  
Whom you'll always see in blue and white.
- T—is for time, of which we run short  
To work, eat and play and still be a sport.
- U—is for urgent, and so we stand by,  
We stand here and wait and never know why.
- V—is for victory, each step of the way  
At the end of our road we'll find our pay.
- W—is for weary, we've all felt those pains  
And here we are with varicose veins.
- X—is for xylocaine, it stops every ache  
Given by hypo it's a bit hard to take.
- Y—is for yesterdays, they seem to pass fast.  
It's lovely to know we're Graduates at last.
- Z—is for Zephiran, it cleans in a wink  
Between nurse and pharmacy is acts as a link.





# INTERMEDIATES





# CLASS OF 1961



Standing, back row, l.-r.: Miss Gayle Wardle, Marie Somers, Patricia Johannason, Wilma Winterton, Kay Nilsen, Ruth Feldman.

Sitting, l.-r.: Miss Mary Buelow, Joanne Kirbyson, Elaine Cathcart,, Helen Bute, Alice Morley.

## *Life*

This life is nothing more or less  
Than little acts of kindness,  
A good word here, a service there,  
To lift from mankind some great care.  
So let us daily, thoughtfully,  
Pursue our way rejoicingly.  
For I'll help you and you'll help me,  
And this a happy world will be.  
Begin it now and "carry on"  
So when the year is past and gone,  
In meditation you can smile  
For living's really been worthwhile.



# CLASS OF 1961

## *Intermediate*

### **Mary Buelow**

"Man! What a crutchy deal!" "Has anyone seen Wilma?" Sportsmanship, cheerfulness and a dash of spice makes up Mary. Future — to have a set of twins.

### **Helen Bute**

"Never say more than is necessary." A quiet, pretty, intermediate trying to sleep amongst her noisy classmates.

### **Elaine Cathcart**

"A man is not idle because he is absorbed in thought. There is a visible labor and there is an invisible labor." Elaine is neutral in any arguments. A busy girl with knitting, crocheting and embroidering. The girl with a constant grin.

### **Ruth Feldman**

"Is it true that liberty is precious, so precious that it must be rationed?" Ruth is a quiet girl, but special in her own way. Seen — waiting for a phone call.

### **Patricia Johannason**

"Good Grief! Don't get your girdle in a knot." Pat spends most of her time trying to prove she really isn't Jerry Lewis's sister. A girl with a great sense of humor. "Experience is the name everyone gives to his mistakes."

### **Joanne Kirbyson**

"You never produce peace of mind in a person by giving him a piece of your mind." Ambition — To have top theory marks. Blue eyes, blond hair, and a great laugh makes up Joanne.

### **Eleanor Mitchell**

"Opinions cannot survive if one has no chance to fight for them." The girl with characteristic dimples and a great sense of humor.

### **Alice Morley**

"Just because I'm smaller than the rest of you guys, you don't have to pick on me." Sparkling personality, well known and well liked by everyone. Alice has hired a secretary to answer her fan mail.

### **Kay Nilsen**

"The rung of a ladder was never meant to rest upon but only to hold a man's foot long enough to enable him to put the other somewhat higher. Kay never runs out of answers, a hard worker, liked by everyone.

### **Marie North**

"There is only one thing in the world worse than being talked about and that is, not being talked about." Happy go lucky is Marie who from day to day makes many friends. Characteristic — unforgettable giggle.

### **Marie Somers**

"That's utterly ridiculous." "Always do right. This will gratify some people and astonish the rest." Marie's ambition is to build a mountain similar to the "Rockies".

### **Gayle Wardle**

"I believe the future is only the past again, entered through another gate." Gayle believes silence should be broken with a song. Those special air mail letters of Gayle's.

### **Wilma Winterton**

"Hello there, Booboo!" "Rules were meant to be broken." Wilma's past-time is trying hard to stay out of trouble.



# *Just for Today*

## **JUST FOR TODAY**

—I will try to live through this day only, and not tackle my whole life problem at once. I can do something for 12 hours that would appall me if I felt that I had to keep it up for a lifetime.

## **JUST FOR TODAY**

—I will be happy. This assumes to be true what Abraham Lincoln said “Most people are as happy as they make up their minds to be.”

## **JUST FOR TODAY**

—I will adjust myself to conditions as they exist, and not try to adjust everything to my own desire. I will take my “luck” as it comes, and fit myself to it.

## **JUST FOR TODAY**

—I will try to strengthen my mind. I will study. I will learn something useful. I will not be a mental loafer. I will read something that requires effort, thought and concentration.

## **JUST FOR TODAY**

- I will exercise my soul in 3 ways:
1. I will do somebody a good turn, and go not found out; if anyone knows about it, it will not count.
  2. I will do at least 2 things I don't want to do — just for exercise.
  3. I will not show anyone that my feelings are hurt; they may be hurt, but today I will not show it.

## **JUST FOR TODAY**

—I will be agreeable. I will look as well as I can, dress becomingly, speak softly, act courteously, criticize not one bit, not find fault with anything and not try to improve or regulate anyone but myself.

## **JUST FOR TODAY**

—I will have a quiet half hour all to myself, and relax. During the half hour sometimes I will try to get a better perspective of my life.

## **JUST FOR TODAY**

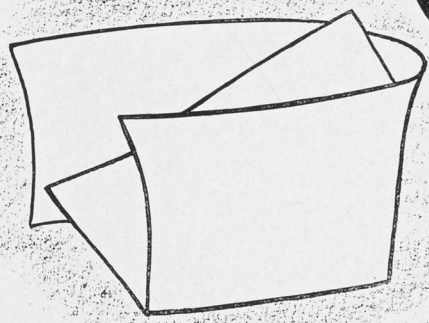
—I will be unafraid. Especially I will not be afraid to enjoy what is beautiful and to believe that “as I give to the world, so the world will give to me.”

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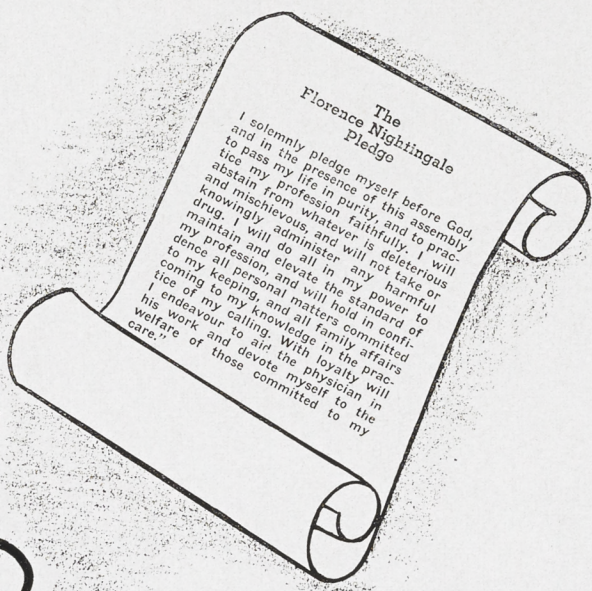
*One Ship —*

“One ship sails East and another sails West,  
By the self same winds that blow.  
’Tis the set of the sails and not the gales  
That determines the way they go.”





W  
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### The Florence Nightingale Pledge

I solemnly pledge myself before God,  
and in the presence of this assembly  
to pass my life in purity, and to prac-  
tice my profession faithfully. I will  
abstain from whatever is deleterious  
and mischievous, and will not take or  
knowingly administer any harmful  
drug. I will do all in my power to  
maintain and elevate the standard of  
my profession, and will hold in con-  
fidence all personal matters committed  
to my keeping, and all family affairs  
coming to my knowledge in the prac-  
tice of my calling. With loyalty prac-  
tice of my knowledge in the physician in  
his work and devote myself to the  
welfare of those committed to my  
care."



# CLASS OF 1962



Standing, l.-r.: Miss Marlene Lillie, Mrs. Areta McVicar, Miss Elizabeth Lillie, Hanna Larsen, Wilma Cusitar.

Sitting, l.-r.: Miss Susan Champion, Sylvia Chaykowski, Dawn McGinnis, Barbara Gardiner.

Missing - Frances Warren

## *To A Young Girl*

Thou must be holy. Day by  
day impress  
This lesson deeply on thy  
youthful heart.  
Wait not until dark visions of  
distress  
Shall cloud thy light and  
bid thy joys depart  
Virtue alone can guide to  
ports of peace.  
Virtue alone can teach thee  
to endure;  
This treasure every day and  
hour increase;  
Be virtue thine, the rest is  
all secure.



# CLASS OF 1962 b

## SUSAN CHAMPION —

Favorite Pastime —  
Waiting for a certain — of sunshine to  
phone.  
Pet peeve - "Why does Barb think I have  
so many sweaters? I only have twenty-one!"

## SYLVIA CHAYKOWSKI —

A petite brown-eyed brunette who is for-  
ever dropping things.  
Pet peeve — A letter a day just isn't suffi-  
cient.

## BARBARA GARDINER —

Experience inner conflict over what to  
wear - "which of my two skirts will I wear  
with my one grey sweater."  
Pet peeve - Susan's many sweaters.

## HANNA LARSEN —

Some Danes have everything.  
Pet peeve - the girl's who continue to make  
a racket after 9:30 p.m.. (Hanna's bedtime)

## BETTY LILLIE —

Pastime - taking pictures with everyone  
else's camera - cheap, cheap!  
Pet peeve - lack of lovin' and turtle dovin'  
- cheap, cheap!

## WILMA CUSITAR —

A girl with a hearty laugh and a big  
heart.  
Pet peeve - too many snacks to diet be-  
tween.

## MARLENE LILLIE —

A happy go-lucky redhead - favorite say-  
ing "aw you guys!"  
Pet peeve - a certain boy who phones her  
but talks to Betty!

## DAWN MCGINNIS —

Our fourth redhead is always going now-  
where in a hurry and making friends as she  
travels. Worst mistake - forgetting to lock  
the door when she takes a bath - it made  
a pretty picture, Dawn.

## ARETA McVICAR —

A girl with a sunny disposition and -  
What Class!!  
Favorite patient - Mrs. Chase because she  
doesn't smoke cigars.

## FRANCES WARREN —

(Missing from picture)  
Favourite pastime - clothing and men.  
Pet peeve - Getting up in the morning.

In 62B there only are nine  
It's easy to see we can't make a rhyme  
Divided we fall, together we stand.  
We think that our class is the best in  
the land.



# The OR

Now you are well on your way. After many tears and desperate attempts you finally have the patient draped to find yourself contaminated. Your hands begin to shake so badly you drop all the instruments. Everyone asks "Is she an alky?"

Then comes the day when you learn the "METHOD", and heaven help the nurse who dare stray from the "METHOD."

Feeling quite confident that you are at last catching on, you find yourself refereeing the "brothers" on whether to sew the patient up and go to dinner or getting into the "AB-DOH-MEN."

The first morning you sit at breakfast wondering if when you open your mouth your stomach will leap across the table, and if your hair in those OR caps will ever be the same again. So now you are in the OR. On the way up in the elevator you have visions of an efficient team of doctors and nurses working together and see yourself snapping forceps to the surgeon before he has finished asking. You step out of the elevator, and look around not really seeing anything and no one notices you.

In the recovery room you try to define the signs and symptoms of shock and wonder if the Supervisor is asking herself if this is the right student or a "bump on a log."

Then you are told to go forth and watch your first operation. Boldly you walk in and head for the nearest corner thinking that would be the best place if one was to pass out.

Suddenly you realize you are being asked to get something Chromicoo. You are positive they never taught anything called Chromicoo. After an explanation, and being directed to the jar of Chromicoo, you smilingly reach in with your bare germey hand and grab a handful of slippery packages. Oh how stupid you look when the scrub nurse shouts "you've CONTAMINATED them." On leaving the theatre you ask yourself if the anesthetist is cyanosed because he swallows his teeth or whether it's due to shock.

Then its your turn to scrub — the dreaded word is — EXODENTIA. Oh how will I ever keep sterile technique? Patiently you scrub each finger and proceed to set up your instruments. The anesthetist gives you the honor of suctioning and reminds you to keep out of the doctor's way — so you hold the suction above the patient's head. The doctor asks for something, you search madly and pick up a pair of dentures, you meekly reply you can't find it and he grabs the teeth "one over."

After working from six-twenty to three p.m. you have classes from three to four. At five p.m. you are called for an appendix and wait until six-twenty for the doctor's arrival. At six-thirty p.m. the doctor and anesthetist stand discussing whether or not to do a hip pinning after the next appendix or after the hanging cast. You stand scalpel in hand trying to decide if you should use it on the anesthetist or surgeon. Leaving the OR at one a.m. you were never to return.

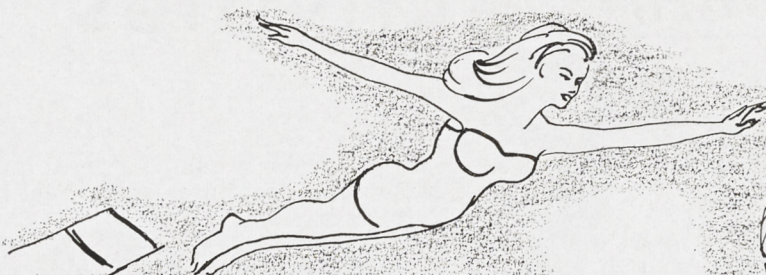
During the hip the anesthetist asks you for a large tank of oxygen and you repeat "A LARGE TANK OF OXYGEN". So to the recovery room for a "LARGE TANK" of oxygen and nearly kill yourself trying to wheel it into the OR. Calmly the anesthetist looks your way, then screams in agony.

Suddenly you realize you are senior student in the OR. This brings along more griefs and gripes. Your scrubs become few and far apart. Or you get a scrub and it is lunch time with a class shortly after. Oh well, take the scrub while you can, so three and one-half hours later "Just a minute Sheppy" "no, no Sam, I think this —"

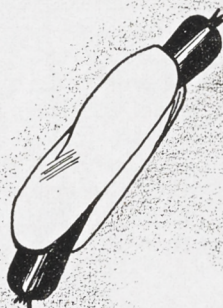
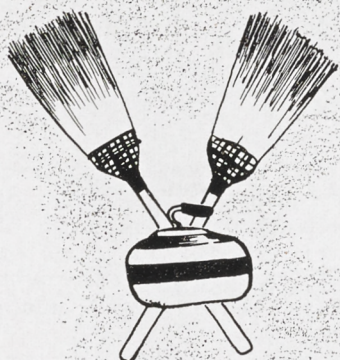
Comes the day to leave the OR and you look back with mixed feelings. Somehow it was all worth it!

Anne Fric.





# SOCIAL



# ACTIVITIES





# Social Activities

Hi Students:

Remember all the social activities in '59. Here's a brief resume.

The Vic activities started on September 21 with a welcoming party for 62B. It was held in the recreation room. Everyone enjoyed singing and games followed by lunch.

October 8th was the day all Seniors looked forward to and all Probies dreaded — INITIATION — Dressed in ridiculous costumes, the seniors paraded the Preliminaries down Osborne Street where a store was "held up" car windows were shone, etc. Remember asking for fallopian tubes and flatus bags 62B? Later in Residence the Probies were taken through the Horror House and drank from the Pot of Peace. Refreshments and lunch followed other games.

Hallowe'en was celebrated by a hard times party on October 30th, in the Recreation room. The room was decorated in orange and black. Guests were invited. Records provided music for dancing. Lunch was served buffet style. The party was a great success.

Inter-school curling started November 2 and was held every Monday during the winter in Eaton's curling Club. Will we ever forget those sore muscles on Tuesdays, kids?

Another activity was swimming at the Y.W.C.A. Four girls participated

in this each week. To most of us swimming in winter was a real novelty.

On November 20th we held a dance in the Recreation Room. Pharmacy were the invited guests. Favorite discs provided the music. Lunch was served. From the results we hope to be having more of such fun.

A Christmas party was held in the Residence on December 18th. The Hospital staff were the guests. After skits, singing and carols, lunch was served. The appearance of jolly old St. Nicholas to give out gifts, brought this enjoyable evening to a close.

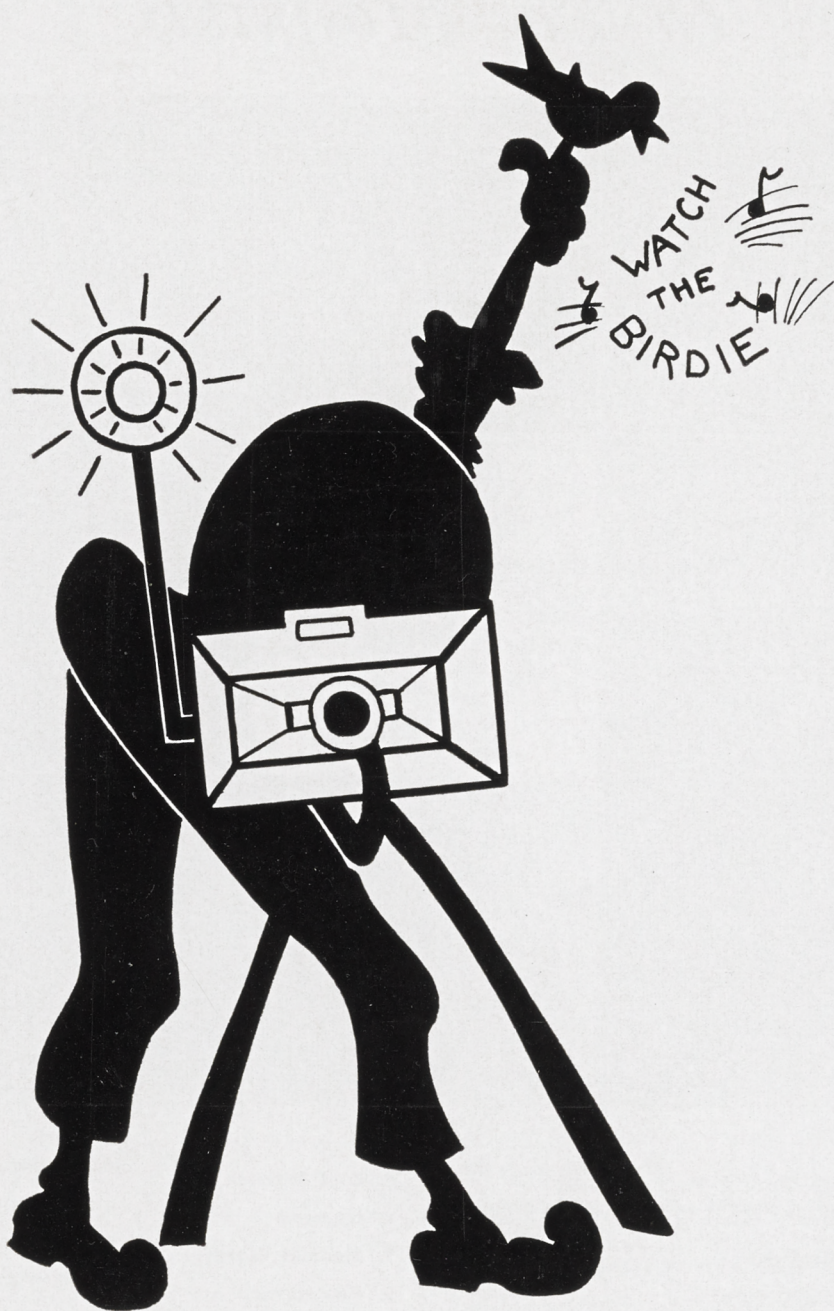
The staff Christmas party consisting of a banquet, bingo and dance was held at the Marlborough Hotel on December 22nd. Everyone had a lovely time and prizes were won by Mrs. Van Doran, Susan Champion and Marilyn Brander.

On January 14th we had a roller skating party. Lunch was held in honor of Carol Cross who finished her training on January 13th. Best of luck, Carol!

In closing we are planning a Spring Tea which will be held April 1st, Graduation and our monthly parties.

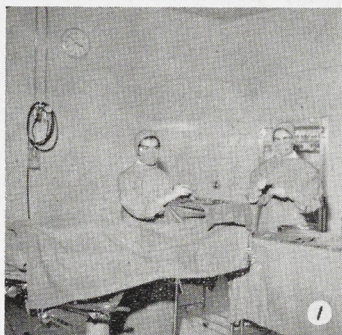
Ruth Feldman







# *"In The Hospital"*



1. Operating Room
2. Recovery Room
3. Medications
4. Surgical Ward

5. Diet Kitchen
6. Nursery
7. Medical Ward
8. Pediatrics



# *"In The Residence"*



1. Nursing Arts

2. Anatomy

3. Microbiology

4. Recreation Room

5. Library

6. Reception Room

7. Housemothers — Miss Brasch (Miss McIvor missing)

8. Secreary — Mrs. Melnyk (Mrs. Riddell missing)





#### STUDENT COUNCIL

Standing, l.-r.: Miss Wilma Cusitar, Marie Somers, Sonya Popoff, Shirley Johannson.

Sitting, l.-r.: Miss Mary Buelow, Isabel Misener, Marilyn Brander.

Missing - Miss Leila Jeffrey, June Harris, Anne Fric.

## *Student Council*

President — Marilyn Brander

Vice-President — Mary Buelow

Honorary Adviser — Isabel Misener

Secretary — Shirley Johannson

Treasurer — Leila Jeffrey

— Sonya Popoff

Class Reps. 60A — June Harris

60B — Anne Fric

61B — Marie Somers

62B — Wilma Cusitar

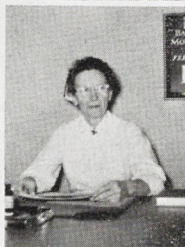
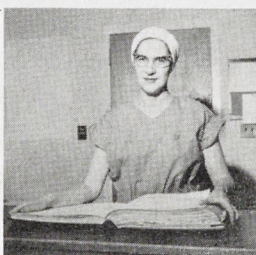


## *Head Nurses and Supervisors*



Sitting, l.-r.: Mrs. Mary MacTavish, Margaret Reynolds, Shirley Egles, Clarice Gale, Miss Sigurlina Narfasson, Edith Williams.

Missing - Miss Olive Stewart, Mrs. Rosamon Ellecker, Grace-Elizabeth Bown.

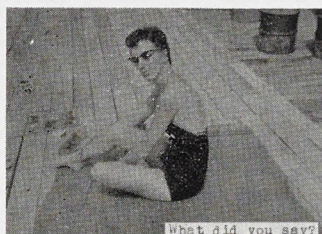


1. Mrs. Lois Abbott, Supervisor
2. Miss Jessie Angus, Operating Room Supervisor
3. Miss Patricia Gohn, Supervisor
4. Mrs. Gwen Fletcher, Supervisor

5. Mrs. Kathleen Carpenter, Supervisor
6. Miss Ellen MacDonnell, Supervisor
7. Miss Marjorie Summers, Supervisor
8. Mrs. Mavis Vermullen, Supervisor



# Candid



What did you say?



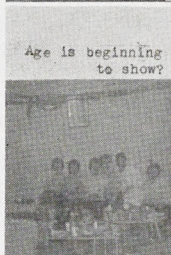
Say,  
where is the spoon?



Another penny--another pound



Mother and daughter!



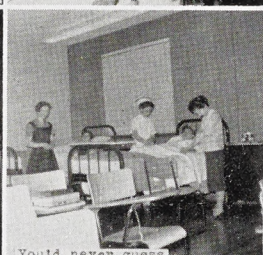
Age is beginning  
to show?



Welcome to earth!



Everybody loves a baby!



You'd never guess



What a motley crew



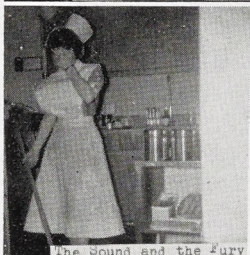
Gossiping



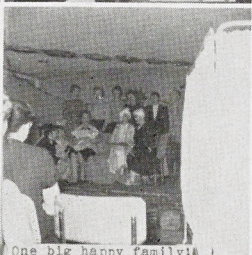
To whom it may concern



Those late suppers



The Sound and the Fury



One big happy family!



Three little angels!



What--without ether?



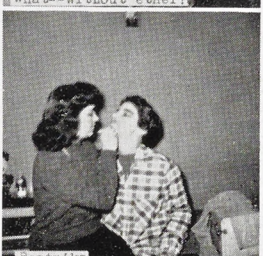
The Pro's



What again!



Real Gone



Beatniks



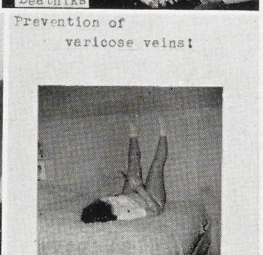
Loot for all



The poor gall!



It's all over now



Prevention of  
varicose veins!



# Candid



Oh to be home!



City Park beauty?



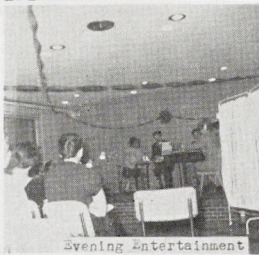
"The Blue tattoo"



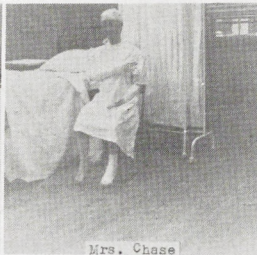
"Behind the Green Door"



Things happen fast



Evening Entertainment



Mrs. Chase



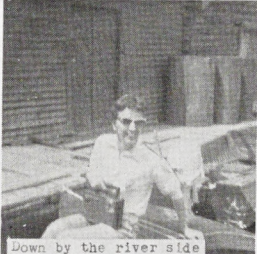
The Juniors



Legs, legs, and more legs



"Gonna cut your hair off!"



Down by the river side



The three mouseketeers



Relaxation



Second childhood



waiting for pants



Remember when



A ring!!!



Goin fishin



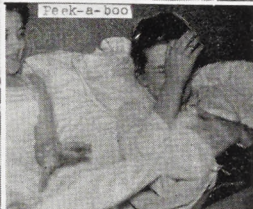
She's nobody's baby now



Just learning



The luck of some people



Peek-a-boo



Your contaminated



Sax Appeal



### Characteristics

Eyes  
Hair  
Physique  
Voice  
Smile  
Clothes  
Laugh  
Walk  
Wit  
Personality  
Fatherly Manner

Temperament  
Musical Ability  
Sense of Humor  
Manner  
Teeth  
Complexion  
Eyebrows  
Nose  
Lips  
Hands  
Mischief

### The Perfect Doctor

Dr. Milner  
Dr. Keenberg  
Dr. Vann  
Dr. A. Goldstein  
Dr. Wall  
Dr. Greenberg  
Dr. Currie  
Dr. M. Rosenfield  
Dr. Beighton  
Dr. Miller  
Dr. Montgomery

Dr. Shnider  
Dr. Martin  
Dr. Lambie  
Dr. P. Goldstein  
Dr. Grace

### The Perfect Student

Marilyn Brander  
Barb Peterson  
Maureen Finn  
Fran Warren  
Alice Morley  
Areta McVicar  
Wilma Winterton  
Darlene Werbowski  
Jeanette Niven  
Mary Buelow  
Barb Loree —  
Motherly Manner  
Helen Bute  
Marie North  
Carol Cross  
Jacqueline Bluhm  
Darlene Lechner  
Hanna Larsen  
Wilma Cusitar  
Gayle Wardle  
Ruth Feldmann  
June Harris  
Gayle Collins

## *What is a Nurse?*

What is a nurse? A sister to all;  
A comforter, helper, and guide;  
A person whose life is never her own  
'Cause she'll always be there at your side.

What is a nurse? An angel in white,  
The symbol of all that is pure,  
The blue cape can cover — but it never can hide  
The pain that she has to endure.

Not physical pain, but pain deep inside,  
For those who lie sick in their beds.

But to them, she won't show what her true feelings are,  
Except, by her hands on their heads.

But the touch of her hands can mean so much more  
(Like an answer to each of their prayers)

For it proves that there's someone who's thinking of them  
And they know that somebody cares.

And that's an example, but there's still so much more  
That could never be told in this verse,

But kindness, and gentleness, sympathy and cheer  
Are the qualities that make up a nurse.



# *Affiliation at the*

## Children's Hospital

The three months affiliation at the Childrens Hospital opens for us a most intriguing and heart warming chapter in the course of our training. Pediatrics and Pediatric nursing, like many other fields of study, are many sided and expanding in ever widening circles. Learning to care for and handle a child is another aspect in in which we widen our professional knowledge. During our stage of lectures we learn many phases in the growth of a child both mentally and physically. We realize the intricate pattern which comprises these little ones, and how influential our nursing care, attitude and understanding can be in contributing to their well-being, proving to us the worth of a quotation from Prov. 11:6. "Train up a child in the way he should go and when he is old he will not depart from it."

We, as nurses, are trained to withhold our feelings in an emotional situation but we find ourselves silently suffering with the child who is so bravely fighting a serious illness and sharing his happiness as he returns to his home and family.

As affiliation students we are warmly welcomed by the students of the Childrens Hospital and find life in the modern residence very enjoyable. We find ourselves looking forward to each day with much enthusiasm and interest as we receive our nursing experience in the new hospital. Our training in the various departments such as the isolation ward, the milk lab and with behavior-problem children we found invaluable experience.

When the three months have flown so quickly by, we return to our own hospital with a broadened outlook, added knowledge, new experience and fond memories.

Shirley Johannson

## King George Hospital

Not everyone looks forward to their first contact with communicable diseases. You begin to wonder if you have had all your needles (every one possible) and you mentally cross off the childhood diseases you have had and surrender yourself to the most concentrated germ filled air, only to find it the same as any other air you breathe.

Your nerves are tense as you hurriedly unpack in the residence so different from your own. It is a gigantic old stone building with long corridors and tiny rooms containing a bed, writing desk, lamp, and dresser. The bathrooms are shared with everyone. To us at the "Vic" this is all so different. As you greet the other affiliating students, who feel much the same as you, a mutual bond grows between you. Remember that first morning, going through all the tunnels, wondering which way to turn, afraid of being lost. And wards—Remember how you cringed at the thought of touching anything, how many times you bent to pick up things, and then scrubbing for four minutes instead of two minutes. These were trying days, but you gradually grew to love all this, even the sore arms, so sore that you could not wear anything on them for there was no skin left.

These were wonderful days, a gold mine of experiences, added to your treasure chest, filed away for further references when things seem bad . . . for you never had it so good. .

Marie North





# BRANDON

## Brandon

This year our school extended it's educational opportunities by obtaining affiliation at the Brandon Hospital for Mental Diseases. The first four students started out on September 7, 1959 after much packing and many farewells. We arrived on the "Big Hill" in record time to be greeted in the huge residence hall by one of the permanent residents. She escorted us up to our rooms.

We took classes for a few hours each day and then worked on wards for the remainder of the day. Six weeks were spent working with the acutely ill patients who were being treated with Insulin and Electric Shock Therapy.

Here in the unit we learned to play pool, cards, table tennis, football and

baseball. In warmer weather we were allowed to go on long walks with the patients.

The patients' dances were really something to go to. You danced or tried to dance with everyone present. Current movies were held for the patients every Friday night.

The last six weeks were spent in the chronic service. Here we learned the art of mop and pail.

We will be going to Brandon twice a year with eight students going each time. We feel that this affiliation is a great step forward in our learning programme and that we are very fortunate.

By "The First Four"

Sonya, Jean, Carol and June

## CONTRIBUTION

### *of a Patient*

Thank you dear girls for all you have done,  
To make my stay a real pleasant one.  
Your smiling faces meant more than you know  
To give me a lift, when I felt so low.  
We don't ask for illness, it strikes where it will  
To be lying here helpless is a bitter pill,  
But your unfailing kindness, no matter the chore,  
Is a Heaven-sent blessing, I'll cherish evermore.



# Victoria General Hospital

## *Alumnae*

Congratulations to the 1960 Grads and welcome to the Nurses Alumnae of the Victoria General Hospital.

The Alumnae meets on the first Tuesday of each month and during the past few years the membership has increased appreciably.

The purpose of our organization is to help the student body. Last year we raised funds, through a rummage sale and several candy sales, to complete the furnishing of the library.

Several times during the year we have dinner meetings complete with well known speaker with films. The programs are usually interesting and it's a wonderful opportunity to renew acquaintance with former classmates and to maintain association with the hospital.

We look forward to welcoming all new grads as Alumnae members.

E. Gordon  
Publicity

## *Guild*

The Victoria Hospital Guild with their group of volunteers in the hospital do many duties that we hope relieves the nurses for more specialized work. The volunteers distribute the mail to the patients. Arranging of flowers, and refreshing flowers is another aspect of their work. We have volunteers in the supply room too. The Gift Shop takes out the gift cart to

sell magazines from the Guild Library. Our girls work in the coffee bar and help serve during the coffee break. We are very proud of our volunteers, and we hope that as we grow so shall our efforts grow for the hospital.

Mrs. Hanna  
President

## *Auxiliary*

The Ladies Auxiliary of the Victoria General Hospital which is now in its forty-first year of service to the hospital has as its aim the sewing of all necessary linens. Total membership is seventeen and during the past year 6405 articles were sewn by an average of 12 members per each sewing day.

To our knowledge, this is the only

volunteer group of it's type in the city.

Each year we make a donation to the Student Nurses Christmas fund, also at Graduation Exercises a medal is presented to a graduating nurse for Proficiency in Obstetrics.

Mrs. H. E. Garez  
President



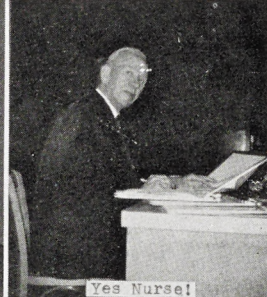
# Student Nurse's Pin - Ups



Cassanova!



Just Restin



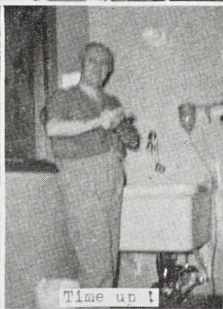
Yes Nurse!



Where is everybody?



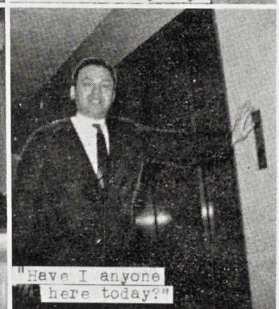
Pill Pushers!



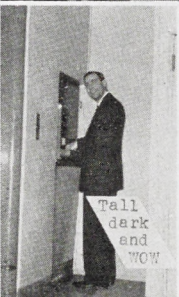
Time up !



Innocence!



"Have I anyone here today?"



Tall dark and WOW



Friends!



Hey Ted!



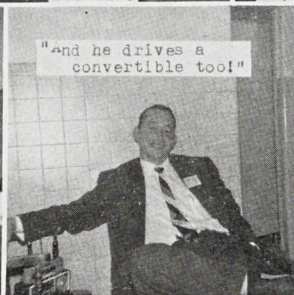
"old Spice"



History's, history's history's!



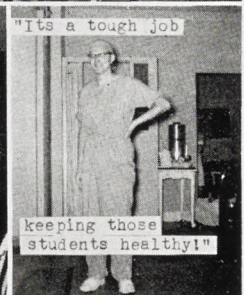
Soft touch!



"and he drives a convertible too!"

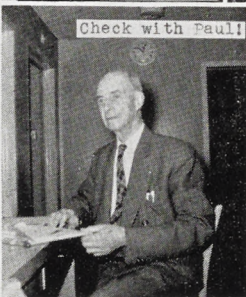


More Orders!

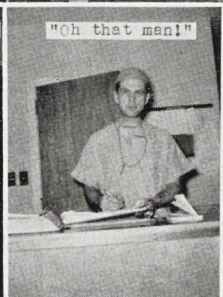


"It's a tough job

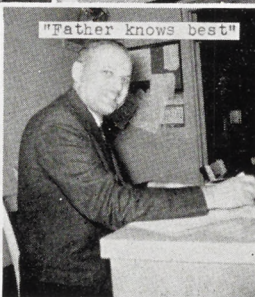
keeping those students healthy!"



Check with Paul!



"Oh that man!"



"Father knows best"



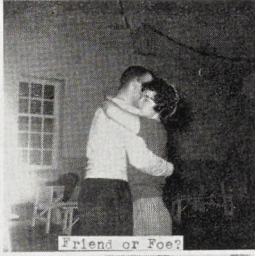
I wonder if we'll get any sleep tonight?



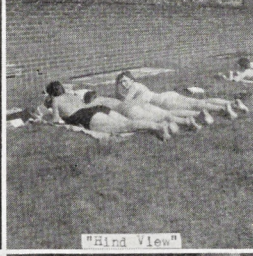
# Candid



Probleis!



Friend or Foe?



"Hind View"



"The big hurt"



Anyone "illing?"



Dreaming!



Dimpled Knees!



Anyone for Marshmallows?



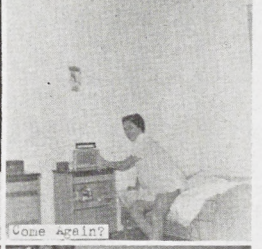
Innocence?



Muscles!!



Promising future



Come Again?



Sisterly Love



Practice makes perfect!!



Top Rear winner!



Ladies for a change!



Devil's Companions



Memories



Seach Combers!



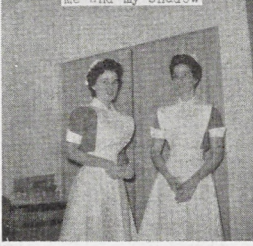
Insomniacs!



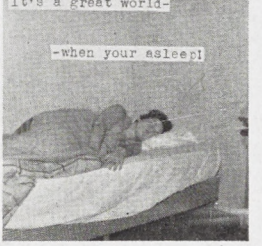
Bosson Pals



Sleepy time gals



Me and my shadow



It's a great world-  
-when your asleep!



# Candid



Just checking



Sleeping beauties



Amas 59



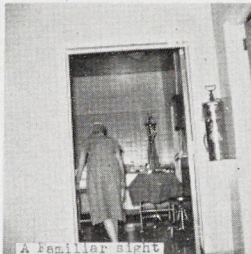
wanted-- One MALE



Watching all the boys go by



Snoory



A familiar sight



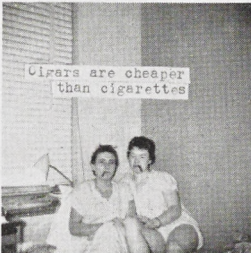
Practising for Motherhood



Get those cupboards clean



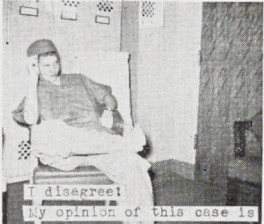
water! cool clear water



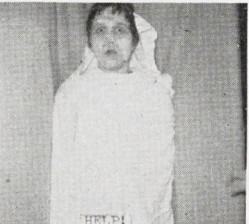
Cigars are cheaper than cigarettes



Bottle fed baby



I disagree! My opinion of this case is



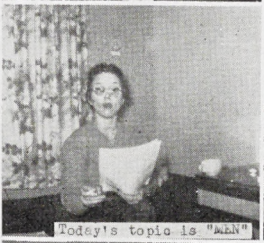
HELP!



Smile



Initiation 62B



Today's topic is "MEN"



One left to go



Foot of Peace



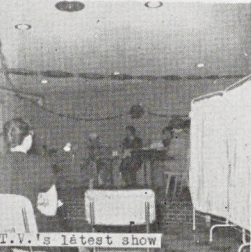
Ahhhh



Anyone got some spare cash



A bedtime story



T.V.'s latest show



The Christmas Spirit?





M.S.N.A. 1959-60 EXECUTIVE

## M.S.N.A. What Is It ?

It is the Manitoba Student Nurses Association whose purpose it is to promote inter-school relationships and good fellowship with each school of nursing in Manitoba. This organization also each year provides a scholarship to assist any student to complete her training.

The M.S.N.A. was founded in November 1944 and was patterned and sponsored by the Manitoba Association of Registered Nurses and is at the present under the direction of Miss Nordwich. The executive of the M. S.N.A. is made up of representatives from each school of nursing, elected at the annual meeting.

The activities for the year vary greatly but each proves to be most enjoyable and fun for all that attend.

This year's activities were to have started with a track and field meet at Sargent Park, but unfortunately had to be postponed until spring due to poor weather. November 2 brought forth a Beatnik Bounce held at Winnipeg General Hospital Nurses Resi-

dence. A large crowd attended and a good time was had by all. On December 12th a Christmas dance was held at the Copacobana at which everyone reported a very exciting night. Also during December our Christmas spirit was shared with others as we went carol singing at Deer Lodge Hospital, the Blind Institute, the King George Hospital and the Princess Elizabeth Hospital on two different evenings. A swimming meet in January will be held at the Misericordia Residence. In February the big formal dance of the year, the Winter Whirl, to be at the Royal Alexander at which time a princess is elected from each school and then a queen is crowned that night. Again this year a variety concert is planned for April at which time each school will participate in doing their part.

It is through these activities and meetings that we student nurses share our problems and enjoyments.

Marlene McLean  
M.N.S.A. Representative



# Valedictory

Cont'd from page 14

Of this great new world and its strife  
It's the mother whose family awaits her  
return,  
Or the father who's too young to die  
It's the "big" and the "little" things that  
you learn  
It's the many times you ask "Why?"  
It isn't the cap but the head underneath  
That makes the nurse what she is  
It's not the pin on the high-honored seat  
It's the heart that she gives with all this

We all eagerly anticipated and enjoyed our special training in the Operating Room, Maternity, Nursery, Diet Kitchen and Central Supply Room. To the staff in each of these departments — thank you for your guidance, it was a pleasure working with you.

A wealth of valuable instruction, practical and theoretical was gained during our affiliations at other hospitals.

At King George Hospital we really **felt** the meaning of the word scrub as we learned to care for patients with communicable diseases. Our three months at the Children's Hospital proved a highlight with all.

Those of us who have affiliated at the Brandon Hospital for Mental Diseases are fortunate indeed. You have developed insight and understanding of yourselves and others. Remember how well worn the newsy letters became that were exchanged between those students in Brandon and those who took Psychiatry lectures at the Misericordia Hospital.

Let us dwell a moment on our social activities. Wasn't it fun planning for such special occasions as our Annual Spring Tea? What pleasure and satisfaction was felt to see the successful results of our endeavours. Our Housemothers and Secretaries proved ever willing to lend a helping hand in any project which we undertook. Variety Concerts, carol singing at Christmas, the Winter Whirl and the Track and Field Meet are but a few of the Manitoba Student Nurses Association

activities we participated in. What a lot of laughs we had curling and many were the gay times had at parties. Yes, such recollection will ever be pleasant.

We are fortunate in having the Victoria General Hospital School of Nursing as our Alma Mater and are proud of its high education standards and qualified instructresses.

May we express our appreciation to members of the Board. To instructresses and nursing staff, we acknowledge an especial debt of gratitude.

It is an accepted fact that we must either go forward or fall back — there is no such thing as standing still, particularly in the nursing profession. The future carries a challenge to continue to be interested and to keep abreast of the trends in nursing and so bring distinction to ourselves and a measure of credit to our training school.

To the undergraduates — may you uphold the traditions and honour of our nursing school and of past graduates.

To the doctors — thank you for your guidance and patience in your association with us in the classroom, the Operating Room, the Case Room, and on the wards. Your encouragement and cheery words do much to help us in our work.

To Mom and Dad — whose personal sacrifice and unceasing interest and encouragement provided this opportunity for us to take up our chosen profession, go our deepest and heartfelt thanks. It means so much to us having our loved ones on this memorable occasion.

A soft, yet insistent voice comes to us, whispering that this day will soon have slipped away, the summer too, and the class of 1960 will become but a memory.

May each and every one of us remember with pride our days at the "Vic". My sincere wishes for the fulfillment and satisfaction of your dreams, my classmates, as we leave our training school to go our separate ways.

"Graduate Nurses, Class of 1960"



# *Autographs*



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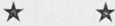


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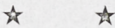
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